

# Meeting Summary Tuesday, April 25th 2023, 2:00pm

# Oalition of Wichita St. Patrick Catholic School Mother Theresa Room, 2023 N. Arkansas

<u>Our mission:</u> Promote physical activity and good nutrition for every generation living in the greater Wichita area through people, programs, and policies.

### 1. Why We Do What We Do - connecting to our mission

- a. Sedgwick County Health Department Healthy Corner Store Initiative Data Brief link to data can be found here with the April Minutes.
- b. On March 29, the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute unveiled rankings for each county across the nation. The Kansas Health Institute serves as the State Team for the 2023 County Health Rankings and Roadmaps in Kansas. To support state and local health improvement efforts, KHI has created individual county profiles that include a five-year comparison of County Health Rankings data and the drivers (measures with the greatest impact) in each county. Sedawick County Data

### 2. Partner Spotlight: Children First

- a. How much food do students waste of their school lunches? Children First CEO Kansas (Children 1st) has completed "Weigh the Waste" to find the answer. Idea came from Project Starfish over 2,000 boxes of food have been given to families in the form of Crisis Food Sacks, Emergency Food Boxes and Cultural Food Boxes.
  - i. Measured the waste at 4 Catholic schools, one day at each school.
  - ii. Partnered with an Emporia State University class to examine the data.
  - iii. Next steps replicate data with better instructions, use the results to guide emergency food box items.
- b. Bread Club was created in an effort to pass down family recipes. Club meets once a month, attendees bake and take one loaf home and one loaf is donated per participant.
- c. Children First is moving to a new home at Woodland United Methodist Church
- d. Other initiatives Farmers and Foodies Markets USDA grant application submitted partnering chefs and farmers

## 3. Coalition Updates

- a. Working Well Conference This is one of my "must attend" conferences because I always feel like I get some valuable takeaways to better our wellness program. 210 people 106 unique organizations represented ranging from 1 employee to 12,000. of the paid attendees, 76 from Sedgwick County, 54 Rest of state
- b. Bike Month posters passed around, posted on website and in May newsletter
- c. Food System Updates
  - i. DUFB/Transit free transit rides for those using Double Up Food Bucks
  - ii. HealthCore Clinic Food is Medicine pilot program
  - iii. SCHD CHIP Food Access
  - iv. Food and Farm Council 4 members to be appointed by the county

#### 4. Networking/Good News/Upcoming Activities/Events

- a. Lianna Fry reported that the YMCA 3rd annual Livestrong Retreat for cancer survivors was a success with 93 people registered.
- b. Wendy James and Danielle Brazelton are Community Health Workers who share the data provided by the Coalition. They are attending the CHW Symposium in June.
- c. Kinzie Kirkland shared that Growing Growers ICT is offering farm tours and planning a fall business workshop.
- d. Mary Hiebert shared about Tour de Wichita which is co-hosted by Great Plains Diabetes and Bike Walk Wichita.
- e. The ICT Food Rescue team is in Detroit learning about their Upcycle kitchen.

- f. Hillary Zwetzig shared about an upcoming fundraiser with Mental Health Association and LLBean involving walking. Passed out flyers for 7 days of kindness and park event that are in the May newsletter
- g. David Gear reminded us that Active Age has a free calendar. Email joe@theactiveage.com to submit.

#### 5. Closing, Call to Action & Completely Random Coalition Facts

- a. Completely useless & random facts from HWC Coalition (inspired by parkrun). Based on the combined partner and food system list with 415 contacts in alphabetical order by first name.
  - i. Letter of the alphabet with the most members M = 50, J = 48, S = 42
  - ii. Most common first name among the coalition Jennifer = 10, Megan = 6, Michelle = 4

Upcoming meetings: May 23rd at the Sedgwick County Zoo June 27 - at Bikes & Boats 150 N. McLean Blvd July 25 - no meeting, summer break